



*Merry Christmas*

## Christmas Food Trivia Questions And Answers

1. What are mince pies traditionally made with?

**Answer:** The traditional minced pie was made from a mixture of minced meat, suet, fruit, and spices like cinnamon, cloves, and nutmeg. This was wrapped in shortcrust pastry to make a small pie. Modern recipes exclude meat and are now made of chopped dried fruit, spirits, and spices instead.

2. When did people stop using meat in mince pies?

**Answer:** Only in the late Victorian and early 20th centuries did mince pies drop the meat and have all fruit fillings with suet.

3. What is the traditional Christmas cake called?

**Answer:** Fruitcake or plum pudding

4. What do the plum puddings that are served at Christmas dinner signify?

**Answer:** Wealth and prosperity

5. What is the traditional Christmas dinner in the United States?

**Answer:** Turkey, stuffing, mashed potatoes, cranberry sauce, and pumpkin pie.

6. What is the traditional Christmas pudding mixture made of?

**Answer:** Flour, breadcrumbs, suet, currants, raisins, candied orange peel, lemon zest, citron, brown sugar, eggs, milk, spices, and brandy.

7. What food was commonly served in England in the 16th century during Christmas?

**Answer:** Goose

8. Why was the Christmas pudding originally made with thirteen ingredients?

**Answer:** To represent Christ and his twelve apostles

9. What is the origin of the Yule log?

**Answer:** The word Yule is often used to refer to the Winter solstice, the longest night of the year, and the sun's return to northern countries. Yule is thought to be derived from the Norse "iul" or the Anglo-Saxon "hweol," which both mean "wheel." Traditionally a large log was burned in the fireplace for days leading up to Christmas. The chocolate log enjoyed at Christmas represents the log burnt at this time.





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**10. How did mince pies get their name?**

**Answer:** They were originally made with minced meat.

**11. Why was the christening cake originally a christening pudding?**

**Answer:** It was considered to be a lucky food that would ensure a prosperous future for a child.

**12. How did plum puddings get their name?**

**Answer:** They were originally made with plums as the main ingredient.

**13. What are some of the traditional Christmas foods in other countries?**

**Answer:** Roast pork and gingerbread in Germany, kringle in Denmark, lutefisk in Norway, and pavlova in Australia

**14. In “Home Alone,” what food does Kevin use to make his famous cheese pizza?**

**Answer:** Velveeta cheese

**15. What is Clark’s favorite holiday dish in “National Lampoon’s Christmas Vacation”?**

**Answer:** Spaghetti with meatballs

**16. What does Buddy the Elf make for breakfast in “Elf”?**

**Answer:** Candy, cookies, and popcorn

**17. In “A Christmas Story,” what does Ralphie’s mother tell him he can’t have for dinner because it will ruin his appetite for Christmas dinner?**

**Answer:** Chinese Food

**18. What food item does Nora Krank fight over in ‘Christmas with the Kranks’?**

**Answer:** Hickory Honey Ham

**19. What pudding does the song “We wish you a Merry Christmas’ ask you to bring?**

**Answer:** Figgy pudding

**20. Where did the figgy pudding originate from?**

**Answer:** United Kingdom





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## Christmas Food And Drink Trivia

21. What is popular Christmas food made from the fruit of the mulberry tree?

Answer: mulberry jam or used in mince pies

22. What type of nut is often used in making Christmas cookies and cakes?

Answer: The most popular nuts are walnuts, pecans, and Macadamias.

23. What popular nuts make Christmas treats with a hard candy coating?

Answer: Candied almonds

24. What is the main course of Christmas dinner in many parts of the world?

Answer: A turkey dinner with stuffing, mashed potatoes, gravy, cranberry sauce, and vegetables. Additionally, roast beef, ham, and other poultry can be used.

25. What are the accompaniments used to roast turkey?

Answer: Stuffing, mashed potatoes, cranberry sauce, and vegetables.

26. What is the most popular type of Christmas cookie in the United States?

Answer: Several states will have different favorite cookies; however, chocolate chip, peanut butter blossoms, and sugar cookies are still popular across the board.

27. Which Christmas desserts are enjoyed in other parts of the world?

- England - Trifle
- Germany - Christollen
- Australia & New Zealand - Pavlova
- France - Buche de Noel (Yule log)

28. What are the ingredients of Christmas pudding?

Answer: In general, Christmas pudding is made from a dense, sticky sponge cake mixed with dried fruit, candied fruit peel, and citrus zests. Cinnamon, brandy, rum, or other spices can be added to add moisture and flavor.

29. What is the topping for Christmas pudding?

Answer: A brandy sauce

30. What is the famous Christmas cake in many parts of the world?

Answer: Christmas fruit cake and Chocolate Yule log.







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## Christmas Food And Drink Trivia

31. What is a popular Christmas drink made from milk, eggs, and sugar?

Answer: Eggnog

32. What day is National Eggnog day?

Answer: 24th December (Christmas Eve)

33. What is the most popular Christmas bread in many parts of the world?

Answer: Panettone – Italian

34. What drink do kids leave out for Santa in the United States?

Answer: Milk

35. Which fruit is placed inside Christmas stockings as a Christmas tradition?

Answer: Orange

36. Which type of food is mentioned in the Old Christmaside poem by Sir Walter Scot?

Answer: Plum porridge

37. What name is used to refer to the popular Christmas Greek Butter cookies?

Answer: Kourabiedes

38. Which direction should you stir mince meat for good luck?

Answer: Clockwise

Christmas Food Around The World Quiz

39. Which Christmas dish is cooked in most homes in the United States?

Answer: Turkey

40. What is the name of a male turkey?

Answer: A Tom or a Gobbler

41. What is a traditional Christmas dish made from boiled cabbage, potatoes, bacon, and sausage?

Answer: Colcannon – Irish cabbage





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## Christmas Food And Drink Trivia

42. Where in the world is “Wigilia supper” eaten at Christmas?

Answer: Poland

43. What is a popular Christmas dish in Puerto Rico?

Answer: Pork shoulder (Pernil Asado), rice & pigeon peas (Arroz con Gandules), and pickled green bananas (Guineítos en escabeche.)

44. From which country does the traditional fruit cake Stollen come?

Answer: Germany

45. What is a popular Christmas dish in Argentina?

Answer: Vital thone – slices of veal topped with tuna and anchovy paste.

46. Which country is known for Eggnog?

Answer: America

47. Which Christmas dish is most popular in the Philippines?

Answer: Lechon – Lechon is one of the most popular dishes in the Philippines. It is a slow-roasted pig that is often stuffed with citrus, lemongrass, garlic, onions, peppers, ginger, and pineapples.

48. What is the name of the traditional French Christmas dish made from roasted pork, potatoes, and onions?

Answer: Tartiflette

49. Kanellängd is a cinnamon bread that originates from which country?

Answer: Sweden

50. What are the two main ingredients used to make the Brazilian Salpicao salad?

Answer: Chicken and vegetable salad.

51. Which country is known for its popular dessert during Christmas, known as “white Christmas”?

Answer: Australia

52. In which country did Gingerbread Houses originate?

Answer: Germany – 16th century

53. What is the name of the traditional Spanish Christmas dish made from lamb, potatoes, and onions?

Answer: Cordero Asado is a popular Castilian dish made from roasting whole lambs.





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## Christmas Food And Drink Trivia

**54. What is a popular Christmas dish in Canada?**

**Answer:** A French-Canadian Christmas dish, tourtière hails from Quebec. There are often minced beef, veal, and pork in this double-cruste d meat pie.

**55. What is the traditional Scandinavian Christmas dish made from pork, potatoes, and sauerkraut?**

**Answer:** Juleribbe

**56. What is the name of the traditional Mexican Christmas dish made from pork, pineapple, and chili peppers?**

**Answer:** Al Pastor

**57. In what country is “Vitel thone” eaten as part of the Christmas celebrations?**

**Answer:** Argentina

**58. Which Christmas food is the most common in Australia?**

**Answer:** Ham, BBQ, seafood, trifle, pavlova.

**59. Which Christmas dish is popular in Japan?**

**Answer:** KFC

**60. In what shape is the Belgium “Cougrou” Christmas bread made?**

**Answer:** A swaddled baby.

**61. In what country is ‘Wat’ wrapped in ‘Injera,’ known as the Christmas food?**

**Answer:** Ethiopia

**62. What is ‘Marsh Whort’ also known as?**

**Answer:** Cranberry







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## Christmas Food Trivia UK

**563. What is the traditional Christmas dinner in the United Kingdom?**  
**Answer:** Turkey (or ham), roast potatoes, stuffing, Yorkshire pudding, gravy, and Brussel sprouts.

**64. What is the name of the English dessert made from boiled milk, egg yolks, and sugar?**

**Answer:** Creme Anglaise – it's like a custard

**65. Which Christmas tree parts are a good source of vitamins and are edible?**

**Answer:** Pine needles – used to make tea.

**66. What popular pudding is made with dried fruit, suet, and spices?**

**Answer:** Figgy pudding

**67. How do you make a proper cup of Christmas tea?**

**Answer:**

1. Pour boiled water over the tea bag into the cup.
2. Let it brew for a few minutes.
3. Remove the tea bag.
4. Add milk and sugar to taste.

**68. Why do people put a coin in their Christmas pudding?**

**Answer:** There's a tradition that's lasted more than 500 years: finding a coin in your pudding on Christmas day brings you good luck for the year ahead.

**69. How many mince pies are eaten over Christmas on average?**

**Answer:** According to the Mirror, on average, people will eat 14 mince pies over the festive season.

**70. How many turkeys are sold in the UK at Christmas on average?**

**Answer:** 11 million turkeys

**71. What is the average weight of a turkey bought at Christmas in the United Kingdom?**

**Answer:** 16 pounds or 7kg





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## Christmas Food Trivia UK

72. What are the UK's most popular vegetables served at Christmas?  
Answer: Roast potatoes, Brussel sprouts, carrots, cabbage, and roasted parsnips.

73. How many sprouts are eaten at Christmas in the United Kingdom on average?

Answer: 750 million Brussel sprouts are sold over Christmas in the UK

74. What is the most popular drink consumed at Christmas in the UK?

Answer: Champagne, beer, mulled wine/cider, eggnog.

75. What is the most popular flavor of chocolate Santa?

Answer: Milk chocolate

76. How many Christmas puddings are sold in the UK each year on average?

Answer: 25 million Christmas puddings

77. Which type of cabbage is eaten most during Christmas?

Answer: Red cabbage

78. What animal used to be the Christmas main meal before King Henry VIII introduced Turkey?

Answer: A goose

79. What food is technically prohibited during Christmas in England?

Answer: Mince pies. Olver Comwell banned snacks like mince pies to tackle gluttony.

80. What Christmas coffee dessert is filled with cream?

Answer: Tiramisu

81. How many calories does the average person consume during Christmas dinner?

Answer: According to Associated British Foods research, the average person consumes over 7,000 calories on Christmas day.







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## **Christmas Food Trivia USA**

**82. Which type of poultry is the most popular Christmas food in the United States?**

**Answer: Turkey**

**83. What side dish is traditionally served with ham during the Christmas festive season?**

**Answer: Roast potatoes**

**84. Which pie is commonly served during the holiday season in the United States?**

**Answer: Pumpkin pie**

**85. What are the small, hard candies that are often used as decorations on Christmas trees in the United States?**

**Answer: Candy canes**

**86. What is the name of the popular holiday cookie shaped like a man featured in the Gingerbread houses?**

**Answer: Gingerbread man or John Dough**

**87. What is the most common way to serve pumpkin pie in the United States?**

**Answer: With whipped cream**

**88. What popular Christmas treat is made from deep-fried dough and powdered sugar?**

**Answer: Beignet**

**89. What pudding mix is most popular in the United States during Christmas?**

**Answer: Christmas pudding mix.**





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## Christmas Food Trivia USA

90. What are the rolled wafers often served with ice cream or pudding at Christmas?

Answer: Tuile rolls in France and Barquillo in Spain.

91. What is a popular Christmas treat from deep-fried dough balls coated with honey and spices?

Answer: Struffoli, Italian honey balls.

92. Which traditional Bread sauce recipes are most commonly used in the USA?

Answer: Nigella Lawson, Delia Online, Jamie Oliver.

93. Where should you hide the Christmas pickle according to the holiday tradition?

Answer: The pickle should be hidden in the Christmas tree, and whoever finds it gets a reward or good fortune for the following year.

94. What is the popular Christmas cookie made with molasses and spices?

Answer: Moravian Christmas Cookies

95. What popular holiday drink is made with red wine, brandy, and spices?

Answer: Spiced Mulled wine

96. What is the Christmas figure associated with chocolate coins?

Answer: St. Nicholas. He gave coins to women's dowries who wanted to get married.

97. What is the term used to refer to sausages wrapped in bacon during Christmas?

Answer: Pigs in a blanket.

98. What are 'pigs in blanket' called in Scotland?

Answer: Kilted soldiers

99. Which Christmas candy is also known as the peppermint stick?

Answer: Candy cane





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## Christmas Food Tradition Trivia

100. What is the name used to refer to the Christmas tradition of eating certain foods on specific days?

Answer: Feast of the Seven Fishes

101. What food is traditionally eaten on Christmas Eve in Poland?

Answer: Wigilia

102. In what country will you find the dish known as bœuf bourguignon?

Answer: France, Burgundy region in east-central France.

103. What is the Christmas food tradition of eating a specific food on New Year's Eve?

Answer: Hoppin' John is a dish of pork-flavored field peas or black-eyed peas (symbolizing coins) served with rice and collard greens (the color of money) and cornbread (the color of gold).

104. In what country will you find the dish known as Pavo al Horno?

Answer: Ecuador (and other Latin American countries)

105. In what country will you find the Christmas dish Rodgrød med Fløde?

Answer: Denmark

106. In what country will you find the Christmas dish known as Galette des Rois?

Answer: France

107. What is the Christmas food tradition of leaving food out for Santa Claus on Christmas Eve?

Answer: Some leave food out for Saint Nicholas and his attendants and in the Great Depression, parents wanted to teach children to share with others.

108. In what country will you find the dish known as Cioppino?

Answer: It is an Italian/American fish stew originating in San Francisco, California, believed to be based on a classic Italian soup from Liguria.

109. In what country will you find the dish known as Kourabiedes?

Answer: Greece

110. What type of food is traditionally eaten on Christmas Eve in Poland?

Answer: The Wigilia supper

111. What is the Christmas food tradition of making a wish before eating certain foods?

Answer: Oplatek in Poland

112. What sauce is known to be served with Roast Turkey?

Answer: Cranberry sauce

113. Which type of food did Elizabeth I have as a celebration of the Spanish Armada victory at Christmas dinner?

Answer: Roast goose

114. Where did cinnamon sticks originate from?

Answer: Sri Lanka

