

Dares For Friends

1. Take a capful of chili sauce.
2. Imitate a monkey running around the room.
3. Dance with someone from this group.
4. Get the socks of the person next to you and wear them.
5. Sing a song and dedicate it to someone in the group.
6. Down a liter of water without taking a break.
7. Bark like a dog for a minute.
8. Paint your toenails using crayons.
9. Crack an egg and hold it in your palm for a minute.
10. Talk in a foreign accent for the next round.
11. Gaze into the person's eyes next to you for 30 seconds.
12. Clap to the beats of a song.
13. Pretend to be a dog and ask the person next to you to pet you.
14. Sip on everyone's drink.
15. Hop like a kangaroo for a minute.
16. Style everyone's hair.
17. Slow dance to a fast song.
18. Wave to every passerby.
19. Count the number of times someone says, 'like.'
20. Shout your name while running down a street.
21. Give strangers handshakes.
22. Dance for the duration of a specific song.
23. Act out a scene from a movie.
24. Give a speech in front of everyone.
25. Pretend to be a parent and scold everyone.
26. Give a lap dance to someone in the room.
27. Teach your friends a hip-hop move.
28. Describe someone's expression to the tee.
29. Stand on a table and ask everyone to vote for you.

Good Dares For Girls

1. Call your friend and tell them you are pregnant.
2. Wear your pants backward for the rest of the game.
3. Pick your nose and eat it.
4. Take a spoonful of hot sauce on bread.
5. Fill your mouth with water & hold it for the rest of the game.
6. Paint your fingernails using a permanent marker.
7. Tell your friends about one of your most embarrassing moments.
8. Give yourself an embarrassing nickname.
9. Do a chicken dance for 5 minutes.
10. Reveal your least favorite girl at school.
11. Swaddle yourself in a baby blanket for the rest of the game.
12. Reveal an ugly picture of yourself.
13. Wrap your hair with aluminum foil.
14. Call everyone's name with an excited tone when they talk.
15. Add peanut butter to a glass of milk and drink it.
16. Reveal your lowest grade to the group.
17. Go up to a police officer and request a hug.
18. Pretend to be a runway model in front of everyone.
19. Tell the group who your secret crush is.
20. Recite a romantic poem.
21. Pretend to be a 3-month-old baby.
22. Let the group choose your profile picture.
23. Speak in the third person for the rest of the game.
24. Belly dance to a pop song.
25. Sing and do the hokey pokey in front of everyone.
26. Reveal your biggest fear to the group.
27. Pretend to host a tea party.
28. Read a paragraph with a British accent.
29. Add a spoonful of sugar to your food.

Good Dares For 13-Year-Olds

1. Yell your best friend's name outside.
2. Moonwalk to the kitchen for snacks.
3. Juggle eggs.
4. Eat a messy snack without using your hands.
5. Have someone else do your makeup.
6. Cuddle with the sleepover host's mom.
7. Tell your friends about a terrible nightmare.
8. Act like a cat for 30 seconds.
9. Clap at everyone you meet outside.
10. Laugh silly for 10 minutes straight.
11. Let your friends choose your profile picture.
12. Use your left hand to write your name. (for right-handed)
13. Eat a spoonful of cocoa powder.
14. Write a poem about a piece of clothing.
15. Pretend to play the guitar.
16. Smell everyone's breath.
17. Wink at the end of everyone's sentence.
18. Sing the national anthem every time someone calls your name.
19. Balance a book over your head for 5 minutes.
20. Slow dance to an entire song.
21. Call your parents by their first names.
22. Spin in circles for 30 seconds nonstop.
23. Take a stuffed animal everywhere you go.
24. Write a text on your phone using your toes.
25. Sit on a balloon without bursting it.
26. Put a spoon in your mouth and keep it there for the rest of the game.
27. Catwalk on the driveway for 5 minutes.

Good Dares For Kids

1. Wear your clothes inside out.
2. Call out your friend's name when they look at you.
3. Do a two-minute stand-up comedy session.
4. Keep your eyes closed for the rest of the game.
5. Talk like Daffy Duck for the rest of the game.
6. Mix every drink in the fridge and drink the mixture.
7. Let your friend tickle you for 30 seconds.
8. Sniff the inside of everyone's shoes.
9. Switch clothes with your friend for the rest of the game.
10. Dance to no music for 10 minutes.
11. Hula hoop with an imaginary hoop.
12. Drink a cup of prune juice.
13. Wear your shoes on your hands.
14. Have an imaginary conversation on your phone.
15. Sing everything you have to say.
16. Do 30 squats as you sing the alphabet.
17. Run 10 laps around the room.
18. Repeat everything another player says for the rest of the game.
19. Pretend to be a waiter or waitress and serve everyone.
20. Combine peanut butter and pickles and eat that.
21. Raise your hand every time someone calls your name.
22. Fill your mouth with crackers and try to whistle.
23. Wear a funny hat for the rest of the game.
24. Borrow a cup of sugar from the neighbors.
25. Tape your hands to your ankles for the rest of the game.
26. Wear a garbage bag and model around the room.
27. Wear your socks on your hands.
28. Let everyone in the group style your hair.

Dares For Your Crush

1. Ask to see their search history.
2. Tell your crush to write you a romantic poem.
3. Choose a profile picture for them.
4. Ask them to kiss you on the cheeks.
5. Ask for a screenshot of their last chat.
6. Let them put makeup on your face blindfolded.
7. Tell them to call a random person and tell them they love them.
8. Share an embarrassing moment they had.
9. Dance to a popular TikTok dance.
10. Touch their nose with their tongue.
11. Kiss food from the refrigerator.
12. Give a list of questions they would ask you.
13. Give you ten compliments.
14. Upload a love letter to social media.
15. Sing your favorite song.
16. Send a photo of you and them to their friend.
17. Call someone and ask for money to buy a flower.
18. Talk about you for three minutes.
19. Wear something from your closet.
20. Do a pole dance with a broom handle.
21. Give you a foot massage.
22. Pretend to be a fish.
23. Give you a pet name.
24. Hold your hand for the rest of the game.
25. Perform an imaginary concert.
26. Let them send a message to anyone on your contact list.
27. Read the newspaper with an exciting tone.
28. Whisper sweet words in your ear.

Good Dares For Boys

1. Tell your break-up lines.
2. Choose a pickup line for your crush.
3. Send a flirty text to their crush.
4. Describe your crush using food.
5. Crack a joke and make everyone laugh.
6. Change clothes with a girl in the room.
7. Draw your friend's face on your palm.
8. Ask someone in the group to spank you.
9. Fast dance with another boy in the room.
10. Ask another boy out as if he was a girl.
11. Take a selfie with the toilet and share it on social media.
12. Kneel for the rest of the game.
13. Write a letter to the doctor explaining an imaginary ailment.
14. Trade clothes with the person closest to you.
15. Call a stranger and ask them to deliver popcorn.
16. Drink water from a running faucet for a minute.
17. Keep your ear touching your shoulder for the rest of the game.
18. Run down the street in underwear.
19. Hi-five every lady you come across on the streets.
20. Make a funny face and keep it on for 10 minutes.
21. Let everyone look at your search history for 2 minutes each.
22. Add a spoonful of mustard to a glass of water and drink it.
23. Dip your hand in food coloring and keep it on for 10 minutes.
24. Talk like a baby every time it is your turn.
25. Pluck a hair strand from your nose.
26. Wear lipstick for the rest of the game.

Good Dares For Your Boyfriend

1. Ask him to apply lipstick and greet three strangers.
2. Cry like a toddler for a minute.
3. Speak like you for a minute.
4. Wear your clothes for the rest of the game.
5. Sing everything they have to say.
6. Imitate five emojis.
7. Sing a lullaby.
8. Re-enact a romantic scene in a movie.
9. Eat cookies without using their hands.
10. Show you their last text.
11. Talk gibberish to their friend on the phone.
12. Pretend to be proposing to you.
13. Dress up like a pop star.
14. Perform a pop song with a pretend mic.
15. Do 30 jumping jacks saying 'I love you.'
16. Like the last 10 pictures of your ex on social media.
17. Tell you 10 things they like about you.
18. Make a sandwich blindfolded.
19. Recreate wedding photos of his parents.
20. Twerk to a boring song.
21. Allow you to tickle them for a minute.
22. Narrate a fake love story.
23. Make out with an ice cube.
24. Reveal his cheesiest pickup line.
25. Reveal a picture of you that he likes.
26. Wear your makeup for two hours.
27. Carry your bag all day.
28. Flirt with the wall.

Dares To Give Over Text

1. Send your latest screenshot.
2. Share the last contact you called.
3. Text an emoji to the first 20 people on your contact list.
4. Send a love note to your crush.
5. Send a list of the cutest people in your contact list.
6. Text your mom that you have been arrested.
7. Send the last message you sent your boyfriend or girlfriend.
8. Send a video singing your least favorite song.
9. Send a heartwarming message to your favorite teacher at school.
10. Change into the cringest outfit, snap a picture and send it.
11. Send a voice record of how your mom talks.
12. Write a text blindfolded and send it.
13. Text your dad and tell them you got engaged.
14. Send a message to the teacher telling them you like them.
15. Text your neighbor and tell them you miss them.
16. Text someone in the room and tell them how you feel about them.
17. Text a random contact and tell them you see them.
18. Send your crush your worst picture.
19. Text your mom your search history.
20. Write a letter to an imaginary friend.
21. Text your mom 'hey' and repeat the same text ten times.
22. Send a goodnight message to 10 people in your contacts.
23. Record a voiceover begging a stranger for money.
24. Flirt with your crush and send a screenshot.

Fun Dares For Teens

1. Walk backward for the rest of the game.
2. Crack an egg on someone's face.
3. Use your toothbrush to wash the sink.
4. Recite a poem with your tongue out.
5. Eat a raw potato.
6. Order pizza and pay in coins.
7. Scream of how you love your mom.
8. Let everyone lick your nose.
9. Fit as much popcorn in your entire mouth as possible and hold for 5 minutes.
10. Hug five trees for 30 seconds each.
11. Show everyone your underwear color.
12. Mimic how your teacher walks.
13. Tell a random lady on the street that you are her grandchild.
14. Mix all the food in the house and eat it.
15. Call a friend and pick a fight with them.
16. Bite into soap.
17. Replace ketchup with dish soap.
18. Use your friend's toothbrush.
19. Shave your legs as everyone watches.
20. Kiss everyone's ear.
21. Tell your crush you are over them.
22. Eat a lemon without making a face.
23. Talk to yourself aloud on the street.
24. Beg strangers to give you money.
25. Stay under the table until it's your turn.
26. Do whatever the person on the right asks you to do.
27. Soak your t-shirt in water.
28. Smell a dirty sock for 30 seconds.

Funny Dares For Teens

1. Breakdance to a fast song.
2. Find a pole nearby and give your friend your best pole dance.
3. Pretend to be performing in a concert.
4. Call a restaurant and order food in a foreign accent.
5. Ask a random girl or boy out on a date.
6. Run around the block in underwear.
7. Pretend to know someone on the streets.
8. Ask a stranger for directions and go the other way.
9. Write free hugs on your forehead and walk down a street.
10. Pretend to cry to strangers.
11. Shout Merry Christmas in public.
12. Stand like a statue on a busy street.
13. Sing a romantic song to the person next to you.
14. Eat a bowl of mayonnaise.
15. Lick whip cream off someone's face.
16. Prank your mom that you are engaged.
17. Call a random number and borrow money.
18. Quack like a duck every time someone laughs.
19. Pretend to be a pet for 30 minutes.
20. Have your face painted with crayons.
21. Switch clothes with someone in the group.
22. Wear underwear on your head.
23. Wear a horrendous wig for an hour in public.
24. Dye your hair a bright color.
25. Draw a mustache on your face.
26. Wear underwear over your pants for an hour.
27. Stand on one leg for 5 minutes.
28. Put a handful of ice in your pants.
29. Shower with your clothes on while others watch.

Dares To Do At A Sleepover

1. Paint each toenail and fingernail a different color.
2. Eat a spoon of food from everyone's plate.
3. Hug everyone for 10 seconds each.
4. Clean everyone's plates and cups.
5. Make breakfast for everyone.
6. Suck your thumb for 5 minutes in front of everyone.
7. Dance seductively in front of everyone.
8. Dance like a cowboy.
9. Eat a teaspoon of mustard.
10. Talk to a pillow like it is your crush.
11. Yell out exclamations randomly.
12. Pour a cup of ice-cold water on yourself.
13. Pretend to be underwater for 10 minutes.
14. Hold a conversation with yourself in a mirror.
15. Call a random person and tell them a group secret.
16. Summon the rain in front of everyone.
17. Give a speech about the environment.
18. Pretend to talk like your teacher.
19. Wear an outfit of someone smaller than you.
20. Smell everyone's feet.
21. Open the front door and howl like a wolf.
22. Make out with your hand.
23. Address a fake crowd.
24. Pick everyone's nose.
25. Fake cry for 5 minutes.
26. Get into a debate with a wall.
27. Stuff as many grapes in your mouth as possible.